

How do Animals Sleep?

The following activities are intended to be used as a follow-up to the virtual tour of the Toronto Zoo's African Rainforest Pavilion, with a focus on how animals sleep.

ACTIVITY ONE - Map of a Colony

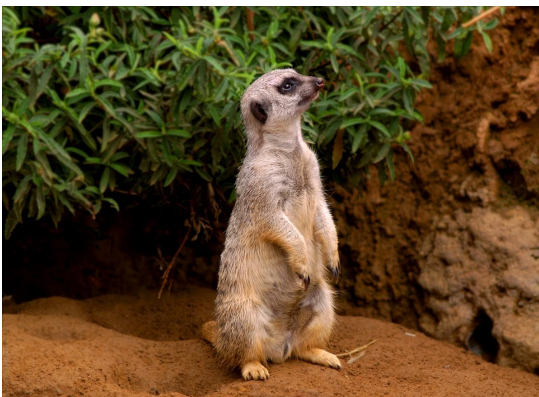
You have learned that Naked Mole Rats live in colonies underground, and that they share the same sleeping space in order to keep warm. Draw what you think a naked mole rat colony would look like.

Draw your house/apartment as a colony. Be sure to map out where everyone in your family sleeps, where you find your food, where you eat your food, and where you relax.



ACTIVITY TWO - Arranging a Sleeping Area

You were able to discover that some animals are very particular in choosing an area for sleeping, while other animals will fall asleep wherever and whenever the mood strikes. Some animals need to make their sleeping area very cozy in order to feel safe enough to fall asleep.



Create a cozy fort in your bedroom or living room using blankets, towels, pillows, etc. Why did you choose those particular materials for your fort? Is there anything you would want to change about your fort to make it more cozy? Imagine you had to make a fort out of materials that are found outside in your backyard. What materials would you be able to use?

