

# Lifestyle Friendly Meals

## Items made without Gluten\*

Pizza pizza – gluten free crust – (advance order) **CARIBOU RESTAURANT**  
Smokes Poutine – fries **MAIN ENTRANCE TRAILER & AFRICA RESTAURANT**  
Yogurt – **PEACOCK CAFE, CARIBOU RESTAURANT**  
Lays Plain chips **MOST LOCATIONS**  
Apple Sauce – **PEACOCK CAFE, CARIBOU RESTAURANT**  
2 egg pack – **PEACOCK CAFE**  
Individual cheese – **PEACOCK CAFE**  
Cut fruit cup – **PEACOCK CAFE, CARIBOU RESTAURANT**  
Meatless burger (No bun) - **CARIBOU RESTAURANT**  
Assorted savoury snacks - **PEACOCK CAFE**

## Dairy Free Items\*

Fries - **CARIBOU RESTAURANT, AFRICA RESTAURANT, SIMBA RESTAURANT, SMOKES POUTINE**  
Apple Sauce - **PEACOCK CAFE, CARIBOU RESTAURANT, AFRICA RESTAURANT, SIMBA RESTAURANT**  
Life saver popsicle - **MOST LOCATIONS**  
Beyond meat burger (Vegan) - **CARIBOU RESTAURANT, AFRICA RESTAURANT, SIMBA RESTAURANT**  
Assorted savoury snacks - **PEACOCK CAFE**

## Vegetarian Items\*

Cheese Pizza - **CARIBOU RESTAURANT, AFRICA RESTAURANT, SAVANNAH PIZZA, EURAISA PIZZA**  
Meatless burger (Vegan) - **CARIBOU RESTAURANT, AFRICA RESTAURANT**  
Apple Sauce - **PEACOCK CAFE, CARIBOU RESTAURANT, AFRICA RESTAURANT**  
Life saver popsicle - **MOST LOCATIONS**  
Granola bars and savoury snacks - **PEACOCK CAFE**

## Peanut Free Items\*

We do offer items that are not made with peanuts but we do not have any certified nut free items available

## Special Order Meals\*

Gluten Free pizza - **CARIBOU RESTAURANT**

## Healthy Choices

**PEACOCK CAFE** – variety of sandwiches, freshly prepared salads, and cut fruits

**CARIBOU RESTAURANT**– fresh cut fruit, meatless burgers, yogurt, apple sauce, and vitamin waters and kid size menu items

*\* “Notwithstanding the foregoing, Compass Group cannot guarantee that these menu items are allergen-free. While Compass Group takes great care to ensure the information in this menu is updated, current and accurate, Compass Group cannot be liable for any errors or omissions or cross-contamination. Compass Group shall not be liable for any actual, direct, indirect, special, punitive, incidental, or consequential damages arising out of the reliance by any persons on the information in this menu.”*

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\*\*Items are subject to change without notice\*\*

